

Dear Relative

I had genetic testing to look for an inherited mutation (also known as a “pathogenic variant”) that may have caused cancer in our family. Genetic testing found an inherited mutation in a gene called CDH1, which has been linked to an increased risk for certain types of cancer. Because you and I are blood relatives:

- You are eligible for genetic counseling (an appointment with a genetics expert) to discuss genetic testing. You can ask your primary care provider for a referral, or locate a genetic counselor near you at findageneticcounselor.nsgc.org.
- Genetic testing can help you learn if you also have this mutation and what your risk for cancer may be.

The National Comprehensive Cancer Network ([nccn.org](https://www.nccn.org)) publishes guidelines for medical management for people with CDH1 mutations. You can refer your doctor to the NCCN Genetic/ Familial High-Risk Assessment: Breast, Ovarian, and Pancreatic guidelines and the NCCN Gastric Cancer guidelines to help you develop a personalized plan for your care that may include genetic counseling, genetic testing and additional screening and preventive options.

Facing Our Risk of Cancer Empowered (FORCE) (FacingOurRisk.org) is a national nonprofit organization that provides information, resources and support for people with inherited mutations, including CDH1. For FORCE information and resources for people with an CDH1 mutation visit <https://bit.ly/force-cdh1> or scan the QR code at right.



I would be happy to help you find a genetics professional in your area who can explain your options and help you decide on next steps.

This information is made available from FORCE
FacingOurRisk.org



FORCE improves the lives of people and families affected by hereditary cancers.