

## Dear Relative

I had genetic testing to look for an inherited mutation (also known as a “pathogenic variant”) that may have caused cancer in our family. Genetic testing found an inherited mutation in a gene called BRCA1, which has been linked to an increased risk for certain types of cancer. Because you and I are blood relatives:

- You are eligible for genetic counseling (an appointment with a genetics expert) to discuss genetic testing. You can ask your primary care provider for a referral, or locate a genetic counselor near you at [findageneticcounselor.nsgc.org](https://findageneticcounselor.nsgc.org).
- Genetic testing can help you learn if you also have this mutation and what your risk for cancer may be.

The National Comprehensive Cancer Network ([nccn.org](https://www.nccn.org)) publishes guidelines for medical management for people with BRCA1 mutations. You can refer your doctor to the NCCN Genetic/ Familial High-Risk Assessment: Breast, Ovarian, Pancreatic and Prostate guidelines to help you develop a personalized plan for your care that may include genetic counseling, genetic testing and additional screening and preventive options.

Facing Our Risk of Cancer Empowered (FORCE) ([FacingOurRisk.org](https://FacingOurRisk.org)) is a national nonprofit organization that provides information, resources and support for people with inherited mutations, including BRCA1. For FORCE information and resources for people with an BRCA1 mutation visit <https://bit.ly/force-brca1> or scan the QR code at right.



I would be happy to help you find a genetics professional in your area who can explain your options and help you decide on next steps.

This information is made available from FORCE  
[FacingOurRisk.org](https://FacingOurRisk.org)



**FORCE improves the lives of people and families affected by hereditary cancers.**