

Comparison of Breast Cancer Screening Guidelines (January 2016)

Recommended	ACOG	ACR/SBI	ACS	AMA	NCCN	USPSTF
Age to Start Mammograms	40	40	45 Individual choice 40-44	40	40	50
Age to Stop Mammograms	Annual as long as woman is in good health	When life expectancy is <5-7 years	When life expectancy <10 years	When life expectancy <10 years	Upper age limit not established	74
Interval	Annual	Annual	Annual 45-54; 1-2 years 55+	Annual	Annual	2 years
Tomo-synthesis (3-D Mammography)	Further study to confirm whether cost-effective replacement for digital mammography alone as first-line screening	No longer investigational; represents an advance in breast imaging	Improvement in detection, lower chance of recall	Silent	Promising; definitive studies pending	Insufficient evidence to support routine use; grade "I"
Notes		Tomosynthesis shown to improve key screening parameters compared to digital mammography	40-44 Opportunity to begin screening; 45-54 Annual exam; 55+ 1-2 years Transition to biennial or opportunity for annual exam	Eligible at age 40, if they choose and their doctors agree; annual at 50		40-49 Grade "C" Individual decision; 50-74 Grade "B" biennial screening; 75+ Grade "I" Insufficient Evidence

SOURCES

- ACS** <http://www.cancer.org/cancer/breastcancer/moreinformation/breastcancerearlydetection/breast-cancer-early-detection-ac-recs>
<http://www.cancer.org/cancer/news/news/breast-cancer-screening-with-3-d-technology-finds-more-cancers>
- ACOG** <http://www.acog.org/About-ACOG/News-Room/Practice-Advisories/ACOG-Practice-Advisory-on-Breast-Cancer-Screening>
- ACR/SBI** [http://www.jacr.org/article/S1546-1440\(09\)00480-3/fulltext](http://www.jacr.org/article/S1546-1440(09)00480-3/fulltext)
<http://www.acr.org/~media/ACR/Documents/AppCriteria/Diagnostic/BreastCancerScreening.pdf>
<http://www.acr.org/About-Us/Media-Center/Position-Statements/Position-Statements-Folder/20141124-ACR-Statement-on-Breast-Tomosynthesis>
- AMA** Action of the AMA House of Delegates 2012 Annual Meeting: Revisions to AMA policy H-525.993 “Mammography Screening in Asymptomatic Women Forty Years and Older”. Adopted 06-19-2012. Available at: <http://www.ama-assn.org/resources/doc/csaph/x-pub/a12-csaph6-screeningmammography.pdf>
- NCCN** NCCN Guidelines Breast Cancer Screening and Diagnosis Draft Guidance pdf v 1.2015, 07/15/15
- USPSTF** <http://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/breast-cancer-screening1>