

Recommended	ACOG	ACR/SBI	ACS	AMA	NCCN	USPSTF
Age to Start Mammograms	40	40	40–44: Individual choice 45: Begin screening	40	40	50
Age to Stop Mammograms	Annual until age 75; Shared decision-making after 75	When life expectancy is < 5–7 years	When life expectancy is < 10 years	When life expectancy is < 10 years	Upper age limit not established	74
Interval	Annual	Annual	45-54: Annual 55+: 1-2 years	Annual	Annual	2 years
Tomosynthesis/ 3-D Mammograms	Further study to confirm whether cost-effective replacement for digital mammography alone as first-line screening	No longer investigational; represents an advance in breast imaging	Improvement in detection, lower chance of recall	Silent	Consider tomosynthesis	Grade "I" Insufficient evidence to support routine use
Notes		Tomosynthesis is shown to improve key screening parameters compared to digital mammography	40-44: Opportunity to begin screening; 45-54: Annual exam; 55+: 1-2 years Transition to biennial or opportunity for annual exam	40: Eligible if they choose and their doctor agrees; 50: Annual	Tomosynthesis can decrease call back rates and improve cancer detection	40-49: Grade "C" Individual decision; 50-74: Grade "B" biennial screening; 75+: Grade "I" Insufficient Evidence

- ACS** American Cancer Society [Recommendations for the Early Detection of Breast Cancer](#)
Last Medical Review: October 3, 2019
- ACOG** Committee on Practice Bulletins—Gynecology. Practice Bulletin Number 179: Breast cancer risk assessment and screening in average-risk women. *Obstet Gynecol* 2017; 130: e1-e16
- ACR/SBI** Breast Cancer Screening with Imaging: Recommendations From the Society of Breast Imaging and the ACR on the Use of Mammography, Breast MRI, Breast Ultrasound, and Other Technologies for the Detection of Clinically Occult Breast Cancer. (2010). *Journal of the American College of Radiology*, 7(1), 18-27. doi: <https://doi.org/10.1016/j.jacr.2009.09.022>

[ACR Statement on Breast Tomosynthesis](#), November 24, 2014
- AMA** Action of the AMA House of Delegates 2012 Annual Meeting: Revisions to AMA policy H-525.993 “Mammography Screening in Asymptomatic Women Forty Years and Older”. Adopted 06-19-2012

Screening Mammography H-525.993: Reaffirmed: [Res. 803, I-18](#)
- NCCN** NCCN Clinical Practice Guidelines in Oncology: [Breast Cancer Screening and Diagnosis](#), Version 1.2019, May 17, 2019
- USPSTF** U.S. Preventive Services Task Force Final Recommendation Statement, [Breast Cancer: Screening](#), January 11, 2016